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RESEARCH ARTICLE

Inflammation in Diabetic Kidney Disease: Focus on New Therapeutic Considerations

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ABSTRACT

Diabetic kidney disease (DKD) is the most common cause of end-stage renal disease (ESRD) in the U.S. and worldwide. A role of chronic low-grade inflammation in the microvascular complications in diabetic patients has now been widely accepted, and anti-inflammatory therapies for DKD are being actively pursued. Such therapies may be especially useful in the treatment of patients with chronic kidney disease (CKD) with normal to only moderately increased albuminuria, a DKD phenotype which is becoming more frequent. Current pharmacologic treatment for DKD includes inhibitors of the renin-angiotensin-aldosterone system (RAAS) and the sodium-glucose co-transporter 2 (SGLT2) in the proximal tubule. Both classes of agents are known to reduce blood pressure but also are thought to have anti-inflammatory, antioxidant, and anti-fibrotic effects independent of their hemodynamic actions. Large clinical trials with experimental agents such as bardoxolone and selonsertib that target inflammation and oxidative stress in DKD have been carried out or are in progress. The non-specific phosphodiesterase inhibitor pentoxifylline (PTX) is also being studied in a large US trial to see if this FDA-approved drug may be able to be repurposed to treat DKD. Other agents have also shown promising effects in small clinical trials but require further large-scale investigation.

Keywords: diabetes, chronic kidney disease, diabetic kidney disease, inflammation, therapy

Introduction

Diabetic kidney disease (DKD), one of the most important microvascular complications of diabetic mellitus (DM), is the predominant cause of end-stage renal disease (ESRD) worldwide^{1,2}. The pathogenesis of DKD includes mesangial expansion, endothelial dysfunction, loss of glomerular podocytes, and interstitial fibrosis. The classic natural history of DKD is the development of albuminuria followed by deterioration in kidney function, eventually leading to ESRD. The characteristic renal pathologic findings are diffuse and nodular glomerulosclerosis³. Proteinuria is an important predictor of outcome in chronic kidney disease (CKD), including DKD^{3,4}. Risk factors for progression to ESRD in patients with DKD include hyperglycemia, hypertension, severity of albuminuria, and presence of retinopathy⁵. High salt intake and arteriosclerosis are implicated in the development of DKD, especially in type 2 DM patients⁶. Patients with DKD are at markedly increased risk for cardiovascular events and mortality^{7,8}.

DKD has been traditionally considered to be caused by the adverse effects of hyperglycemia (metabolic theory) and hemodynamic alterations which increase systemic and intraglomerular pressure (hemodynamic theory) in genetically predisposed patients. Nearly three decades ago, Hagesawa et al. initially suggested based on studies in diabetic animals that proinflammatory cytokines might also be involved in the pathogenesis of DKD⁹. The sources of cytokine production by the kidneys in DM are both infiltrating macrophages and resident kidney cells. Hyperglycemia-induced production of reactive oxygen species (ROS), pro-inflammatory factors, and growth factors such as transforming growth factor-beta (TGF- β) can induce renal damage, and a causal role for macrophages in the progression of DKD has been suggested in both rodents¹⁰ and humans¹¹. Various types of renal cells (endothelial, mesangial, epithelial, and tubular cells) are capable of synthesizing proinflammatory cytokines such as tumor necrosis factor-alpha (TNF- α), interleukin 1 (IL-1), and interleukin 6 (IL-6). These cytokines, acting in a paracrine or autocrine manner, contribute to the pathophysiology of DKD¹². Plasma concentrations of proinflammatory cytokines are elevated in patients with type 2 DM^{13,14} and increase as nephropathy progresses^{15,16}. Inflammation and oxidative stress are associated with both micro- and macro-vascular diabetic complications¹⁷⁻¹⁹.

The pathways by which hyperglycemia induces low-grade inflammation are complex and still being elucidated. High glucose stimulates production of ROS in mesangial cells, which can be blocked by either angiotensin receptor blockers (ARBs) or NAD(P)H oxidase inhibitors, suggesting that oxidative stress in high glucose/diabetes may be due to stimulation of the angiotensin II-NAD(P)H oxidase system²⁰. Angiotensin II is also known to stimulate TGF- β production, stimulating proinflammatory and profibrotic pathways in the kidneys, increasing production of cytokines such as TNF- α and interleukins²¹. In recent years, possibly due to better treatment of hyperglycemia and hypertension and the use of RAAS blockers, the prevalence of normal to only moderately increased albuminuric versus severely albuminuric DKD has increased. Less albuminuric DKD is thought to be predominately due to microvascular and tubulointerstitial injury mediated predominantly by inflammation²². Therefore, there has been growing interest in the development of anti-inflammatory agents for the treatment of DKD.

Targeting Inflammation in Diabetic Kidney Disease

A role of chronic low-grade inflammation in the microvascular complications in diabetic patients has now been widely accepted^{23,24}. Several approaches have been proposed to treat inflammation in DKD, including lifestyle modifications (diet and exercise) and medications. Anti-inflammatory effects may explain some of the benefits of current pharmacologic management with RAAS blockers and SGLT2 inhibitors. Recent clinical trials with other anti-inflammatory therapies in DKD will also be reviewed.

- Renin-angiotensin-aldosterone system (RAAS) blockers

Numerous studies have shown that angiotensin-converting enzyme (ACE) inhibitors and angiotensin receptor blockers (ARBs) slow the progression of DKD. In addition to their antihypertensive effects, which would be expected to primarily benefit glomerular disease, they also exert anti-inflammatory/antifibrotic actions mediated directly by RAAS inhibition²⁵⁻²⁸. This could result in improvement of interstitial and microvascular disease as well as glomerular disease. However, there are no large trials that have been performed with these agents in less albuminuric patients with DKD. In addition, there is concern that RAAS

blockers may actually increase susceptibility to acute kidney injury in patients who are non-albuminuric²², possibly due to preventing constriction of the efferent arteriole.

- Sodium-glucose co-transporter 2 (SGLT2) inhibitors

In experimental models of type 1 and 2 DM, SGLT2 inhibitors have been shown to reduce oxidative stress, inflammatory mediators such as nuclear factor kappa B (NFκB), TNF-α, IL-6, monocyte chemoattractant protein-1 (MCP-1), macrophage infiltration, and fibrosis (fibronectin, TGF-β). They also upregulate anti-inflammatory and antifibrotic pathways²⁹⁻³¹. In several animal models of DM, reduced glomerular and tubulointerstitial injury were observed following SGLT2 inhibition^{30,32-35}. SGLT2 inhibition improves renal cortex hypoxia and thus decreases the deleterious effects of hypoxia such as oxidative stress, inflammation, apoptosis, and fibrosis in the kidney³⁶. SGLT2 inhibitors stimulate ketogenesis; using ketone bodies as the source of energy alleviates inflammation and protects against tubular cell apoptosis and renal fibrosis³⁶.

Due to reduction in glomerular hypertension, SGLT2 inhibition reduces albuminuria^{37,38}. In the EMPA-REG OUTCOME and CANVAS Program trials, SGLT2 inhibition also was shown to modestly attenuate increases in urine albumin excretion in patients with normoalbuminuria, suggesting the possibility of a long-term primary prevention effect^{38,39}. Nevertheless, the risk of progressing from normo- to micro- or macroalbuminuria was not reduced in EMPA-REG OUTCOME³⁸. Several large recent clinical trials (CRENDENCE⁴⁰, DAPA-CKD⁴¹, EMPA-KIDNEY⁴²) have demonstrated marked cardiorenal protective effects of SGLT2 inhibitors. Although the CRENDENCE and DAPA-CKD trials required patients to have albuminuria, in EMPA-KIDNEY, patients with an estimated glomerular filtration rate (eGFR) between 20 and 45 mL/min/1.73m² were enrolled regardless of the degree of albuminuria. A prespecified exploratory analysis of the annual rate of change in eGFR showed that empagliflozin slowed the rate of long-term eGFR decline among patients with a urinary albumin-to-creatinine ratio (UACR) of less than 300 mg/g at baseline (including patients with a UACR of <30)⁴².

Since RAAS inhibition and SGLT2 inhibition are both renoprotective in DKD, there is much interest in the interactions between these two systems. Under

hyperglycemic conditions, renin, the rate-limiting enzyme in the RAAS, is overexpressed in plasma and locally in cells, leading to increased angiotensin II production^{43,44}. An increase in angiotensinogen production by elevated glucose may also be involved in increased local angiotensin II production in DM⁴⁵, which may contribute to inflammation⁴⁶. SGLT2 inhibitors cause an initial transient plasma volume contraction leading to a compensatory, physiological and temporary activation of the systemic RAAS⁴⁷. In contrast to the rise in RAAS markers in blood and urine, animal and human studies have demonstrated suppression of intrarenal RAAS activity with SGLT2 inhibition^{48,49}. Treatment with SGLT2 inhibitors may decrease intrarenal angiotensinogen production⁵⁰, and suppression of the intrarenal RAAS may decrease oxidative stress and inflammation-related pathways at the tissue level^{43,51,52}.

- Pentoxifylline

Phosphodiesterases (PDEs) are a class of enzymes that hydrolyze cAMP and cyclic guanosine monophosphate and are involved in many physiologic processes including cell proliferation and differentiation, cell-cycle regulation, gene expression, cellular metabolism, apoptosis, and inflammation. PDEs are composed of 11 different families and each family contains different subtypes. Pentoxifylline (PTX) is a methylxanthine derivative with pleomorphic effects including nonspecific inhibition of PDEs. PTX was approved by the US Food and Drug Administration for the treatment of intermittent claudication and has been shown to have anti-inflammatory effects in both animal and human studies by inhibiting the production of proinflammatory cytokines^{19,24}.

Clinical data supporting a role for PTX in DKD have been accumulating for the past two decades. Most of the trials used a small number of subjects and were of short duration⁵³. The PREDIAN trial⁵⁴, one of the larger studies performed to date, examined the renoprotective effects of PTX therapy in addition to RAAS blockade in 169 white patients with type 2 DM and stage 3 or 4 CKD and urinary albumin excretion of >30 mg/24 h. Treatment with PTX decreased proteinuria and urinary concentration of TNF-α and slowed decline in eGFR (2.1 vs 6.5 mL/min per 1.73 m²) at the end of the study. However, the study was open-label, not placebo-controlled, and was not powered to detect differences in hard outcomes such as ESRD and mortality. The Cochrane group and several other meta-analyses concluded that although there is

evidence for some renoprotective effects of PTX, data are insufficient to guide therapy given that most included studies were poorly reported, small, and methodologically flawed⁵⁵⁻⁵⁷. The ongoing large-scale, multicenter PTXRx study (NCT03625648) is being conducted to determine whether this agent can reduce hard endpoints such as ESRD and death⁵³.

- Finerenone

There is growing evidence that pathophysiological overactivation of the mineralocorticoid receptor leads to inflammation and fibrosis and is a key driver of the progression of CKD and its associated morbidity and mortality. Both steroidal mineralocorticoid receptor antagonists (MRAs) as well as novel nonsteroidal MRAs can be used to inhibit mineralocorticoid receptor overactivation and reduce its deleterious effects by reducing proinflammatory and profibrotic gene expression^{58,59}. The steroidal MRAs spironolactone and eplerenone have both demonstrated reduction in cardiovascular morbidity and mortality in patients with chronic heart failure and reduced left ventricular ejection fraction⁶⁰. However, this benefit was not observed in patients with diabetes⁶¹. Importantly, their use is often associated with hyperkalemia, with the risk increased in diabetes and CKD. Small trials of steroidal MRAs added to either an ACE inhibitor or an ARB in DKD have been also associated with unacceptably high rates of hyperkalemia⁶².

In contrast, finerenone has a nonsteroidal structure that allows it to bind to the mineralocorticoid receptor with a unique mechanism to inhibit recruitment of transcriptional cofactors involved in the expression of proinflammatory and profibrotic genes^{63,64}. In animal models, finerenone reduced expression of proinflammatory and profibrotic markers and inhibited macrophage infiltration in the kidney, resulting in an improvement in proteinuria^{65,66}. The ARTS-DN Phase IIb study of 823 patients with type 2 DM and albuminuria [UACR ≥ 30 mg/g] on stable therapy with an ACE inhibitor or ARB evaluated the safety and efficacy of different once-daily doses of finerenone compared with placebo⁶⁷. Finerenone demonstrated a dose-dependent reduction in UACR (the primary outcome) of 25–38% compared with placebo over 90 days, while minimal adverse effects on potassium and renal function were observed. Interestingly, the effect of finerenone on albuminuria was independent of measured hemodynamic effects including blood pressure. The

large FIDELIO-DKD trial⁶⁸ confirmed UACR improvement with finerenone in patients with DKD and more importantly demonstrated an 18% reduction in the composite kidney outcome. An analysis from the FIGARO-DKD study has also shown that among patients with DKD who were on a background of maximal RAS blockade therapy, finerenone led to a 36% relative risk reduction for ESRD⁶⁹. Finally, a prespecified pooled analysis of FIDELIO-DKD and FIGARO-DKD (FIDELITY) reported a 23% reduction of the composite kidney outcome⁷⁰.

- Experimental Agents

A number of novel anti-inflammatory agents have been or are being studied in clinical trials of DKD.

- Bardoxolone, a nuclear factor (erythroid-derived 2)-related factor 2 (Nrf2) activator, has been extensively studied in DKD. It is known that oxidative stress and inflammation are associated with impaired activity of the Nrf2 transcription factor, and activation of this pathway was shown to improve eGFR in DKD⁷¹. However, a large-scale clinical trial of bardoxolone in patients with DM and CKD stage 4 (BEACON) was halted due to excess adverse cardiovascular events^{72,73}. A recent Japanese phase 2 trial demonstrated that measured GFR was increased by bardoxolone, but the drug was associated with peripheral edema⁷⁴.
- Selonsertib, an inhibitor of apoptosis signal-regulating kinase 1 (ASK1), did not alter UACR in a phase 2 trial, but exploratory post hoc analyses suggested that it may slow CKD progression⁷⁵. It is now being studied in the phase 3 MOSAIC trial (NCT04026165). Oxidative stress increases ASK1 activity, promoting inflammation, apoptosis, and fibrosis. ASK1 acts as an upstream regulator for the activation of p38 mitogen-activated protein kinase (MAPK) and c-Jun N-terminal kinase (c-JNK), two mediators of NF- κ B activation and stimulation of inflammatory gene expression.
- Propagermanium, an inhibitor of C-C chemokine receptor type 2 (CCR2) resulted in no change in UACR from baseline to 12 months in one study⁷⁶ while another unpublished study found a placebo-adjusted reduction in albuminuria from baseline (<https://investors.dimerix.com/DownloadFile.axd?file=/Report/ComNews/20210128/02334227.pdf>)

- CCX140 B, a selective CCR2 inhibitor, resulted in improvement in UACR at 52 weeks⁷⁷.
- Baricitinib, an inhibitor in inflammation caused by Janus kinases (JAK1/JAK2 inhibitor) resulted in improvement in UACR at week 24 in a phase 2 study⁷⁸.
- ASP8232, a novel inhibitor of vascular adhesion protein-1 (VAP1 inhibitor) resulted in improvement in UACR at week 12 in a phase 2 study⁷⁹.
- Gevokizumab and Canakinumab are IL-1-beta monoclonal antibodies. A study with gevokizumab was terminated; canakinumab showed no clinically meaningful improvement in either eGFR or UACR or renal adverse events⁸⁰.
- Emapticap pegol (CCL2-binding aptamer) showed no improvement in UACR⁸¹.

Conclusion

There is increasing awareness of the importance of inflammation in the pathogenesis of DKD. Improved care of diabetic patients with respect to blood glucose and blood pressure control has improved CKD outcomes, but DKD remains the leading cause of ESRD worldwide. Further advances may require attention to other pathophysiologic mechanisms of DKD other than metabolic and hemodynamic alterations. Anti-inflammatory strategies may offer approaches of great interest in these patients.

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