



RESEARCH ARTICLE

Immunotherapy before and after liver transplantation, where are we now?

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ABSTRACT

Background: There is limited evidence on safety and efficacy on immunotherapy use before and after liver transplantation.

Methods: A literature review was performed to identify patients who received immunotherapy before and after liver transplantation. We reviewed the rejection rate and risk factors of rejection. In patients treated for hepatocellular carcinoma (HCC), the oncological outcomes were evaluated including response rate, progression-free survival and overall survival.

Results: We identified 97 patients from 41 publications. The rejection rate was 36% (n = 35), and graft loss occurred in 11 patients (11%). Forty-four patients received immunotherapy before undergoing a liver transplantation. Among them patients who experienced rejection were transplanted earlier following their last dose of immunotherapy, with a median time of 2.9 weeks compared to 8.3 weeks in patients without rejection (p<0.001). Fifty-three patients had a prior liver transplantation and subsequently received immunotherapy. Among them patients who developed acute rejection received immunotherapy earlier after transplantation, with a median duration of 2.9 years compared to 4.0 years in patients without rejection (p = 0.04). Graft Programmed death-ligand 1 (PD-L1) positivity was more frequent among patients with acute rejection (100% vs. 0%) (p=0.005). In patients treated for recurrent HCC, those with treatment response were patients who received treatment at a later interval from transplant (median time of 4.5 vs. 2.2 years, p=0.02).

Conclusions: Rejection risk remains the major obstacle to immunotherapy use for patients with liver transplant. Shorter interval between immunotherapy and transplant are associated with increased risk of acute rejection.

Introduction

Immunotherapy has transformed the landscape of systemic cancer treatment over the past decade, offering new hope for patients battling various malignancies. By disrupting immune checkpoint pathways, they enhance and reorient the host's immune response toward tumours, unleashing the body's own defences against cancer cells. This paradigm shift is particularly significant in the management of advanced hepatocellular carcinoma (HCC), where systemic therapies have traditionally revolved around targeted therapies. While these targeted approaches have shown modest effectiveness, they often come with significant adverse effects that frequently necessitate dose reductions or even discontinuation of treatment. In contrast, immunotherapy has emerged as a compelling alternative due to its more favourable side-effect profile compared to targeted therapies. As a result, immune checkpoint inhibitors have become integrated into standard treatment protocols for advanced HCC¹. There is growing interest in leveraging immunotherapy not only for treating advanced disease but also as a potential bridging or downstaging therapy prior to liver transplantation.

However, the application of immunotherapy in the context of liver transplantation raises several concerns and controversies. One significant worry is related to the possibility that immune checkpoint inhibitors might heighten allo-immunity, leading to graft rejection post-transplantation. Immune-related transplant rejection can prove fatal², with a protracted clinical course. This places patients at risk for graft failure and eventual graft loss, complicating an already delicate balance between treating cancer and maintaining transplant viability. On the other hand, recurrent HCC is still frequent after liver transplantation³. The immunosuppressive regimens that are necessary to prevent graft rejection diminish immune surveillance, thereby increasing the likelihood of recurrence. The efficacy of immunotherapy is questionable in this setting because concomitant immunosuppression potentially interfere the immunomodulatory pathways involved. Many

cancer immunotherapy trials have excluded liver transplant patients, leading to a scarcity of evidence regarding the role of immune checkpoint inhibitors in this unique population.

In light of these complexities, our research team conducted a mini-review in 2021 to explore the use of immunotherapy in liver transplant recipients². We concluded that the risk of rejection remained a significant barrier to the integration of immunotherapy into post-transplant care. However, evidence and clinical experience in this area have expanded, and there is an increasing interest in employing downstaging immunotherapy for potential liver transplant candidates. In the current study, we aim to review the existing literature on patients who underwent immunotherapy prior to liver transplantation and those who received immunotherapy post-transplant. The objective of this comprehensive review is to summarize the current knowledge and provide insights into the safety and efficacy of immunotherapy for liver transplant patients. By consolidating existing studies, we hope to illuminate the potential for immunotherapy in this challenging setting, paving the way for future clinical applications and research initiatives that could ultimately improve outcomes for patients facing both HCC and the complexities of liver transplantation.

Methods

A comprehensive literature review was conducted on PubMed (United States National Library of Medicine, National Institutes of Health, United States) to identify studies investigating immune checkpoint inhibitors therapy before and after liver transplantation. We also reviewed references from included studies to uncover additional relevant articles. The articles were reviewed to extract patient data including demographics, timing and indication of immunotherapy, concomitant immunosuppression, graft and tumour Programmed death-ligand 1 (PD-L1) status, graft toxicity, treatment response and survivals. The authors were contacted for supplementation when required data is not available

in the article. survival rates. To supplement the available data, the authors reached out to the original investigators when necessary information was not provided in the article.

In patients who received immunotherapy before liver transplantation, we evaluated the safety of performing the transplant by reviewing the rate of acute rejection and graft loss. We also investigated the potential clinical risk factors leading to rejection and examine the durability of the transplant by assessing the long-term graft survival.

For post transplant immunotherapy, we evaluated the safety of immunotherapy by examining rejection rates and early mortality rates among patients treated for various indications. Early mortality was defined as death within 30 days of immunotherapy initiation. We also investigated the efficacy of immunotherapy in patients with recurrent HCC after liver transplantation. We assessed the best treatment response, progression-free survival, and overall survival following immunotherapy. Treatment response was determined according to the Response Evaluation Criteria in Solid Tumours (version 1.1)⁴. Data was summarized using descriptive statistics, with continuous variables expressed as medians and interquartile ranges. Parametric and non-parametric variables were compared using Student's t-test and Mann-Whitney U test as appropriate. Categorical variables were expressed as frequencies and percentages and compared using the chi-square test. Survival data was presented using the Kaplan-Meier method and compared using Log-rank test. Data analysis was performed using SPSS 29.0 for Windows (SPSS Inc., Chicago, Illinois, United States). A p-value less than <0.05 was considered statistically significant.

We assessed the safety of immunotherapy by reviewing the rejection rate and mortality in all identified patients treated for various indications. We also looked into patients treated for recurrent HCC after liver transplantation to investigate the efficacy of immunotherapy in this setting. We reviewed the best treatment response, rate of early

mortality, progression-free survival and overall survival after immunotherapy. Early mortality was defined as mortality within 30 days from immunotherapy. Treatment response was defined according to the Response Evaluation Criteria in Solid Tumours 1.1⁴. Data was summarized with descriptive statistics. Continuous variables were expressed with medians and interquartile ranges. Parametric and non-parametric variables were compared with Student's t-test and Mann-Whitney U test where appropriate. Categorical variables were expressed in frequencies and percentages and compared with chi-square test. Survival data was expressed in median, presented with Kaplan-Meier method and compared using Log-rank test. Data was analysed using Statistical Package for the Social Sciences 16.0 (SPSS) for Windows (SPSS Inc., Chicago, IL). Statistical significance was defined by p-value <0.05.

Results

Using PubMed, we identified 42 publications describing 97 patients. These patients form the basis of this study. Among them 44 patients received immunotherapy before undergoing a liver transplantation^{5,6,15,7-14} (supplementary table 1). Fifty-three patients had a prior liver transplantation and subsequently received immunotherapy. Thirty-one were treated for recurrent HCC^{2,16,25-31,17-24} while 22 were treated for other indications^{20,29,39-45,31-38} (supplementary table 2).

ALL PATIENTS

The characteristics of 97 included patients are presented in Table 1. The patient population demonstrated a male predominance, with 79% of patients being male. The median age was 59 years (interquartile range: 50-65). Seventy-four (76%) received immunotherapy for HCC, 10 (10%) for melanoma, and 4 (4%) for squamous cell carcinoma of the skin. Most patients (96%, n = 93) received programmed cell death protein-1 (PD-1) / PD-L1 inhibitors, with nivolumab being used in 60% and pembrolizumab in 22%. Three patients (3%) received cytotoxic T-lymphocyte antigen-4 (CTLA-4) inhibitors, all of whom were being treated for melanoma. One

patient received both PD-1 and CTLA-4 inhibitors. Nine graft liver and 17 tumour tissue samples were tested for PD-L1 status. Among the tested samples, the rates of positive PD-L1 staining were 44% for graft liver tissue and 53% for tumour tissue, respectively. The rejection rate was 36% (n = 35), and graft loss occurred in 11 patients (11%).

IMMUNOTHERAPY BEFORE LIVER TRANSPLANT

PATIENTS CHARACTERISTICS

Forty-four patients received immunotherapy prior to liver transplantation. The median duration between their last dose of immunotherapy and liver transplantation was 4.2 weeks (interquartile range [IQR], 2.0-10.0 weeks) (Table 1). Most of these patients (43/44) were treated for hepatocellular carcinoma (HCC), which was also the indication for their liver transplant. One patient received immunotherapy for cholangiocarcinoma. All patients received PD-1/PD-L1 inhibitor, with nivolumab being the most commonly used agent (n = 27, 61%), followed by pembrolizumab (n=9, 20%)

RISK AND IMPLICATIONS OF REJECTION

Eighteen patients experienced rejection, which accounted for a rejection rate of 41% (Table 2). Two

patients died due to rejection, and two required re-transplantation. This contributed to a 22% graft loss rate in the rejection group, which was significantly higher than the non-rejection group (0%, p=0.012). Patients who experienced rejection were transplanted earlier following their last dose of immunotherapy, with a median time of 2.9 weeks compared to 8.3 weeks in patients without rejection (p<0.001). In the rejection group, more patients received pembrolizumab (33% vs. 12%) and fewer patients were treated with nivolumab (39% vs. 77%). The rejection rate associated with pembrolizumab was higher than nivolumab (67% vs. 35%, p=0.03)

IMMUNOTHERAPY AFTER LIVER TRANSPLANT

PATIENT CHARACTERISTICS

Fifty-three patients who underwent liver transplantation received immunotherapy at a median interval of 3.5 years (IQR 2.0-6.9 years) after transplant (Table 1). Majority of these patients (58%, n = 31) were treated for recurrent HCC, while 19% (n = 10) received immunotherapy for de novo melanoma, and 8% (n = 4) for cutaneous squamous cell carcinoma. Most immunotherapies were used as second-line systemic therapy.

Table 1. Baseline characteristics of all patients, and patients with ICI before and after LT

	All	Immunotherapy before LT	Immunotherapy after LT
Total	97	44 (45%)	53 (65%)
Gender (M/F; %M)	77/20 (79%)	34/10 (77%)	43/10 (81%)
Age	59 (50 - 65)	56 (48 - 65)	61 (54 - 66)
Interval before transplant (weeks)		4.2 (2.0 - 10.0)	
Interval after transplant (years)			3.5 (2.0 - 6.9)
Indication			
HCC	74 (76%)	43 (98%)	31 (58%)
Melanoma	10 (10%)	0 (0%)	10 (19%)
Cutaneous SCC	4 (4%)	0 (0%)	4 (8%)
Others	9 (9%)	1 (2%)	8 (15%)
Line of systemic therapy			2 (2 - 3)
Immunotherapy by drug			
Nivolumab	58 (60%)	27 (61%)	31 (58%)
Pembrolizumab	21 (22%)	9 (20%)	12 (23%)
Atezolizumab	3 (3%)	0 (0%)	3 (6%)
Ipilimumab	3 (3%)	0 (0%)	3 (6%)
Others	9 (9%)	7 (16%)	2 (4%)
Multiple	3 (3%)	1 (2%)	2 (4%)

Immunotherapy by class					
PD1/PD-L1	93 (96%)	44 (100%)	49 (92%)		
CTLA-4	3 (3%)	0 (0%)	3 (6%)		
Both	1 (1%)	0 (0%)	1 (2%)		
PD-L1 positivity					
Graft	4/9 (44%)	0/1 (0%)	4/8 (50%)		
<u>Tumour</u>	9/17 (53%)	2/2 (100%)	7/15 (47%)		
Acute rejection					
Acute rejection	35 (36%)	18 (41%)	17 (32%)		
Graft loss	11 (11%)	4 (9%)	7 (13%)		
Best treatment response *					
Graft survival post transplant		>48			
Overall survival post transplant		>48			
Progression-free survival post immunotherapy			4.0 ± 0.5		
Overall survival post immunotherapy			7.3 ± 1.9		

RISK AND IMPLICATIONS OF REJECTION

The rate of acute rejection following immunotherapy was 32% (n = 17). Patients who developed acute rejection received immunotherapy earlier after transplantation, with a median duration of 2.9 years compared to 4.0 years in patients without rejection (p = 0.04) (Table 2). Notably, graft PD-L1 positivity was significantly more frequent among patients with acute rejection (100%) compared to those without rejection (0%), with a p-value of 0.005. There were no significant differences between those with and without acute rejection in terms of age (64 years vs. 59 years, p = 0.91) or indication for immunotherapy (p = 0.89). The proportion of PD-1/PD-L1 versus CTLA-4 blockade was also comparable between the two groups (p = 0.79).

Patients with acute rejection had a significantly higher mortality rate compared to those without rejection, at 29% versus 6%, respectively (p = 0.02) (Table 2). Furthermore, patients with acute rejection had a significantly shorter overall survival compared to those without rejection, with a median survival time of 2.2 ± 1.2 months versus 10 ± 1.5 months, respectively (p = 0.003) (Figure 1). Additionally, the progression-free survival was also significantly shorter in patients with acute rejection, with a median survival time of 1.0 ± 0.1 months versus 4.0 ± 2.4 months (p = 0.04). These findings are illustrated in Figure 2.

IMMUNOTHERAPY FOR RECURRENT HEPATOCELLULAR CARCINOMA AFTER LIVER TRANSPLANT

Thirty-one patients received immunotherapy for recurrent HCC. Compared to other indications, patients who received immunotherapy for HCC recurrence were treated with immunotherapy earlier after transplant than those treated for de novo malignancies (median time from transplant 2.5 vs. 6.0 years; p = 0.04) (Table 3). The most common non-HCC indications were melanoma (n=10) and cutaneous SCC (n=4). For patients with recurrent HCC, they received immunotherapy as a median of second-line systemic therapy (IQR: 2-3). All of them received PD-1/PD-L1 inhibitor, most commonly with Nivolumab (74%, n=23) and Pembrolizumab (16%, n=5).

Nine patients (29%) experienced rejection, and one patient was diagnosed with immune checkpoint inhibitor-mediated liver injury. One other patient died of multiorgan failure shortly after immunotherapy, and treatment response was not evaluated for these patients. In the remaining 21 patients, the proportion of patients with complete response, partial response, stable disease, and progressive disease were 14% (n = 3), 5% (n = 1), 10% (n = 2), and 67% (n = 14), respectively (Table 3). The overall response rate was 28.6% (n=6). The median progression-free survival and overall survival were 2.8 ± 0.6 months

and 7.0 ± 2.2 months, respectively, after commencing immunotherapy. When stratified by the therapeutic agent, Pembrolizumab was associated with better overall survival than Nivolumab and Atezolizumab (19.2 vs. 2.2 vs. 9.0 months, $p=0.03$). Five patients had tumour PD-L1 expression examined.

Notably, patients who responded to immunotherapy received treatment at a later interval from transplant, with a median time of 4.5 years compared to 2.2 years in non-responders ($p=0.02$) (Table 4). Additionally, a greater proportion of responders received

Pembrolizumab compared to non-responders, although this difference did not reach statistical significance (50% vs. 7%, $p=0.07$). One patient in the responding group has PD-L1 expression examined and it was positive. In the non-responding group, 4 were checked but only 1 was positive. The response to immunotherapy was also associated with improved overall survival. Responders survived for a significantly longer period after immunotherapy, with a median overall survival of >25 months compared to 7.0 ± 1.6 months in non-responders ($p=0.002$).

Table 2. Characteristics of patients with immunotherapy before and after transplant stratified by presence and absence of rejection.

	Immunotherapy before Liver Transplant			p-value	Immunotherapy after Liver Transplant			p-value
	Rejection	No rejection			Rejection	No rejection		
Total	18 (41%)	26 (59%)			17 (32%)	36 (68%)		
Gender (M/F; %M)	14/4 (78%)	20/6 (77%)		0.95	14/3 (82%)	29/7 (81%)		0.88
Age	54 (43 - 64)	60 (50 - 65)		0.36	64 (51 - 69)	59 (54 - 64)		0.91
Interval before transplant (weeks)	2.9 (1.9 - 3.8)	8.3 (3.7 - 16.3)		<0.001				
Interval after transplant (years)					2.9 (1.2 - 3.8)	4.0 (2.2 - 8.0)		0.04
Indication				0.22				0.89
HCC	17 (94%)	26 (100%)			9 (53%)	22 (61%)		
Melanoma	0 (0%)	0 (0%)			4 (24%)	6 (17%)		
Cutaneous SCC	0 (0%)	0 (0%)			1 (6%)	3 (8%)		
Others	1 (6%)	0 (0%)			3 (18%)	5 (14%)		
Line of systemic therapy					2 (2 - 3)	2 (1 - 3)		0.18
Immunotherapy by drug				0.04				0.56
Nivolumab	7 (39%)	20 (77%)			12 (71%)	19 (53%)		
Pembrolizumab	6 (33%)	3 (12%)			4 (24%)	8 (22%)		
Atezolizumab	0 (0%)	0 (0%)			0 (0%)	3 (8%)		
Ipilimumab	0 (0%)	0 (0%)			1 (6%)	2 (6%)		
Others	5 (28%)	2 (8%)			0 (0%)	2 (6%)		
Multiple	0 (0%)	1 (4%)			0 (0%)	2 (6%)		
Immunotherapy by class				NA				0.79
PD1/PD-L1	18 (100%)	26 (100%)			16 (94%)	33 (92%)		
CTLA-4	0 (0%)	0 (0%)			1 (6%)	2 (6%)		
Both	0 (0%)	0 (0%)			0 (0%)	1 (3%)		
PD-L1 positivity								
Graft	0/1 (0%)	0/0 (0%)		NA	4/4 (100%)	0/4 (0%)		0.005
Tumour	1/1 (100%)	1/1 (100%)		NA	3/6 (50%)	4/9 (44%)		0.83
Acute rejection								
Graft loss / mortality	4 (22%)	0 (0%)		0.012	5 (29%)	2 (6%)		0.02
Graft survival post transplant	>48	>31		0.007				
Overall survival post transplant	>48	>31		0.16				
Progression-free survival post Immunotherapy					1.0 ± 0.4	4.0 ± 2.8		0.02
Overall survival post immunotherapy					2.0 ± 1.1	10 ± 1.5		0.001

§Rejection vs. no rejection

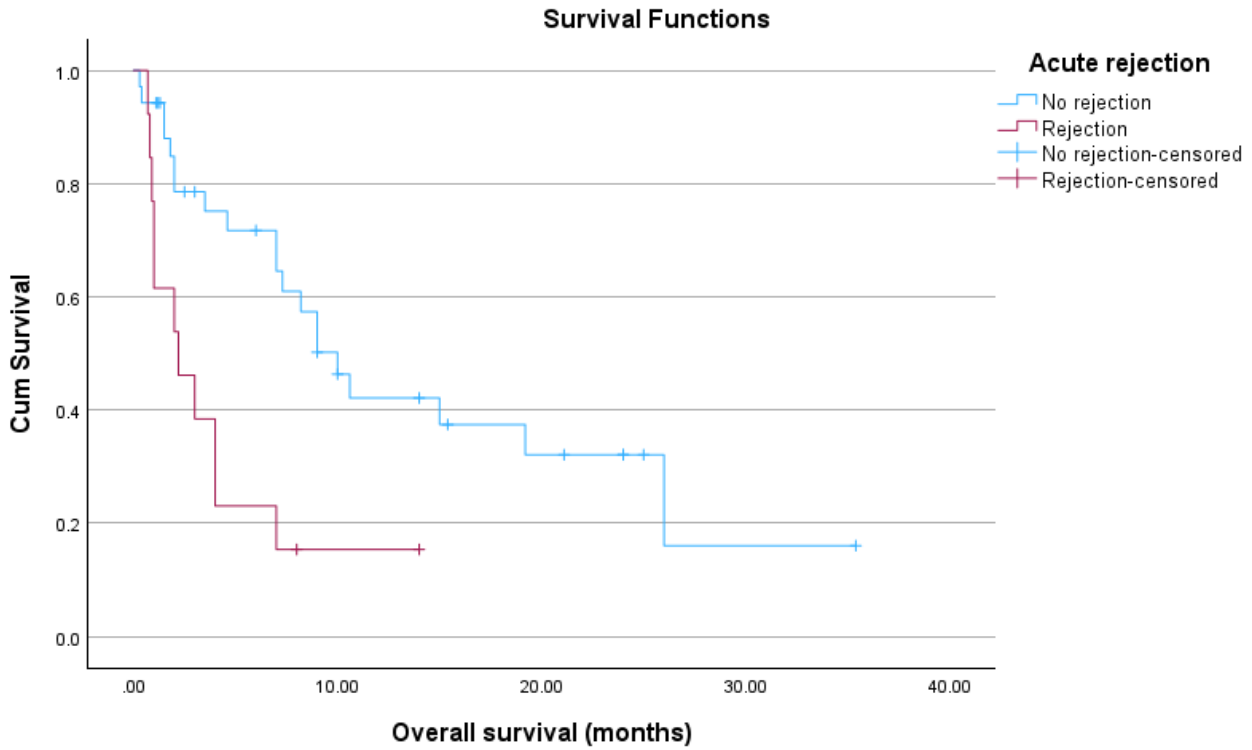


Figure 1. Overall survival of post-transplant patient undergoing immunotherapy stratified by presence and absence of rejection ($p=0.003$).

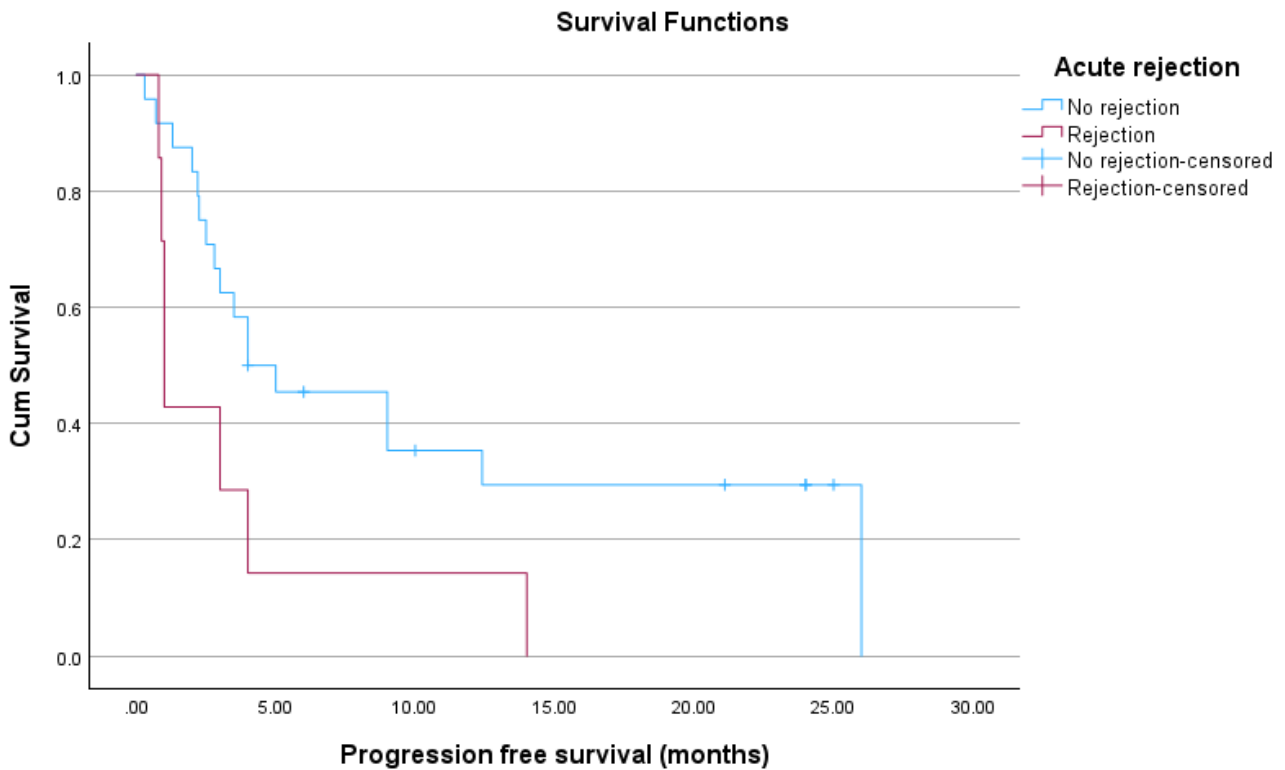


Figure 2. Progression-free survival of post-transplant patient undergoing immunotherapy stratified by presence and absence of rejection ($p=0.003$).

Table 3. Characteristics of patients who received immunotherapy after liver transplant stratified by indication of immunotherapy.

	HCC		Non-HCC		p-values§
Total	31	(58%)	22	(42%)	
Gender (M/F; %M)	25/6	(81%)	18/4	(82%)	0.91
Age	61	(48 - 65)	62	(55 - 67)	0.90
Interval after transplant (years)	2.5	(1.1 - 4.1)	6.0	(3.1 - 12.0)	0.04
Line of systemic therapy	2	(2 - 3)	2	(1 - 3)	0.18
Immunotherapy by drug					<0.01
Nivolumab	23	(74%)	8	(36%)	
Pembrolizumab	5	(16%)	7	(32%)	
Atezolizumab	3	(10%)	0	(0%)	
Ipilimumab		(0%)	3	(14%)	
Others		(0%)	2	(9%)	
Multiple		(0%)	2	(9%)	
Immunotherapy by class					0.047
PD1/PD-L1	31	(100%)	18	(82%)	
CTLA-4	0	(0%)	3	(14%)	
Both			1	(5%)	
PD-L1 positivity					
Graft	3/5	(60%)	1/3	(33%)	0.47
Tumour	4/10	(40%)	3/5	(60%)	0.46
Acute rejection	9	(29%)	8	(36%)	0.57
Graft loss	6	(19%)	1	(5%)	0.12
Best treatment response *					<0.01
Complete response	3	(14%)	4	(27%)	
Partial response	1	(5%)	7	(47%)	
Stable disease	2	(10%)	0	(0%)	
Progressive disease	14	(67%)	4	(27%)	
Graft survival post transplant					
Overall survival post transplant					
Progression-free survival post Immunotherapy	2.8 ± 0.6		8.2 ± 2.5		0.10
Overall survival post immunotherapy	7.0 ± 2.2		9.0 ± 4.8		0.09

§HCC vs. non-HCC

*Excluding patient with early discontinuation of immunotherapy

Table 4. Characteristics of patients with immunotherapy after transplant for HCC stratified by treatment response.

	Immunotherapy for Recurrent HCC after Transplant				p-value*		
	Responder		Non-responder (no rejection)				
Total	6 (19%)	14 (45%)	
Gender (M/F; %M)	5/1 (83%)	10/4 (71%)	0.57
Age	63 (52 - 69)	58 (46 - 63)	0.91
Interval before transplant (weeks)							
Interval after transplant (years)	4.5 (3.6 - 11.8)	2.2 (1.0 - 4.9)	0.02
Indication							
HCC							
Melanoma							
Cutaneous SCC							
Others							
Line of systemic therapy	2 (1 - 3)	3 (2 - 4)	0.52
Immunotherapy by drug							0.07
Nivolumab	2 (33%)	11 (79%)	
Pembrolizumab	3 (50%)	1 (7%)	
Atezolizumab	1 (17%)	2 (14%)	
Ipilimumab	0 (0%)	0 (0%)	
PD-L1 positivity							
Graft	NA (0%)	0/2 (0%)	NA
Tumour	1/1 (100%)	1/4 (25%)	0.17
Acute rejection	0 (0%)				
Graft loss / mortality	0 (0%)	0 (0%)	0.50
Best treatment response *							<0.001
Complete response	3 (50%)	0 (0%)	
Partial response	1 (17%)	0 (0%)	
Stable disease	2 (33%)	0 (0%)	
Progressive disease	0 (0%)	14 (100%)	
Not evaluated	0 (0%)	0 (0%)	
Overall survival post immunotherapy		>25		7.0 ± 1.6			0.002

Discussions

Despite ongoing concerns about rejection, the use of immunotherapy in liver transplant patients continues to grow. In 2021, we identified 25 patients receiving immunotherapy in the literature, which increased to 97 patients in 2024². In the post-transplant setting, immunotherapy is being used in

select patients with recurrent HCC and de-novo malignancies who have failed multiple lines of systemic therapy. Notably, there has been a significant expansion in the use of immunotherapy in pre-transplant patients, with 44 patients receiving immunotherapy for bridging and downstaging before transplant.

A consistent finding in the expanded cohort is that immunotherapy is associated with a high risk of rejection in liver transplant patients (36%), accompanied by a high rate of graft loss (11%). Notably, immunotherapy-induced rejection was treatment-resistant, with many episodes not responding to medical treatment and progressing to graft failure. In contrast, spontaneous acute rejection was typically treatment-responsive⁴⁶⁻⁴⁸. To better understand the clinical risk factors for rejection, we investigated the clinical predictors of rejection in both scenarios: immunotherapy before liver transplant and immunotherapy after liver transplant.

IMMUNOTHERAPY BEFORE TRANSPLANT

Patients who received liver transplantation after immunotherapy were found to have a higher risk of acute rejection if they received ICI shortly before transplantation. The half-life of nivolumab is approximately 20 days⁴⁹. Pembrolizumab has a half-life of 26 days⁵⁰. However, the biological effects of PD-L1 inhibitors on T-cell function may persist longer than their half-lives. Studies have shown that PD-L1 receptor occupancy can be observed for up to months after immune checkpoint inhibitor use (Safety and Activity of Anti-PD-L1 Antibody in Patients with Advanced Cancer). After a single administration of nivolumab, PD-1 occupancy on lymphocytes was observed for 14 weeks⁵¹. In clinical practice, immune-related hepatitis can occur months after starting treatment or even after stopping immune checkpoint inhibitor treatment⁵².

Pooled data from available literature showed that patients with acute rejection after liver transplantation had a shorter median washout period (2.9 weeks) compared to those without rejection (8.3 weeks). Most rejection cases occurred in patients with a washout period of less than 6 weeks (17/26, rejection risk 65%), while only one out of 18 patients who underwent transplant more than 6 weeks after ICI suffered from rejection (rejection risk 5.6%). Based on these laboratory and clinical findings, a washout period of at least 6 weeks may be reasonable to

reduce the risk of fatal rejection. Nevertheless, some individuals may still experience rejection, even with prolonged washout periods. Phenotypic variations might determine individual susceptibility to effect of PD-L1 blockade. Further preclinical and translational studies are needed to elucidate the underlying mechanisms and identify high-risk individuals at risk of prolonged effects of PD-L1 blockade.

We observed a higher rejection rate associated with pembrolizumab over nivolumab (67% vs. 35%, $p=0.03$). However, most rejection episodes with pembrolizumab ($n=5$) were contributed by one case series¹⁵. In this series, 9 rejections were reported but only 4 of them were biopsy proven. The others were clinical rejections which improved with titrating up the immunosuppression. Our observation was in contrast to the results of a systematic review published by Fisher et al. in 2020 which reported higher rejection rate associated with nivolumab than pembrolizumab (52% vs. 26%)⁵³. However, Fisher et al.'s report also included patients with kidney and heart transplant, and the findings were not statistically significant. Due to the limitation in methodology and incoherent results, the observation needs to be carefully interpreted.

IMMUNOTHERAPY AFTER TRANSPLANT

In our previous review, we reported that patients who underwent long-term liver transplantation were less likely to experience rejection when treated with immunotherapy². Our latest findings from an expanded cohort of 53 patients confirm this observation, revealing a significant association between earlier immunotherapy and rejection after liver transplantation. Specifically, patients who developed rejection received immunotherapy at a median time of 2.9 years after transplant, compared to 4.0 years in those who did not experience rejection ($p=0.04$). This underscores the importance of timing of immunotherapy in liver transplant recipients.

The risk of spontaneous acute cellular rejection decreases over time after transplantation, as the

recipient's immune system develops tolerance to the graft. This phenomenon, known as systemic chimerism, occurs when donor leukocytes disseminate to the recipient^{54,55}. As a result, immunosuppression can often be tapered or even discontinued in long-term transplant recipients⁵⁶. It is logical to deduce that the risk of immunotherapy-induced rejection would also decrease with time. However, our findings suggest that this effect may be less pronounced in the context of immunotherapy. Spontaneous acute rejection unrelated to immunotherapy tends to occur within the first few years after transplant⁵⁷. While the risk of spontaneous rejection largely decreases beyond the first year⁵⁸, the risk of post-immunotherapy rejection appears to persist further. In our cohort, the median time from transplant to rejection was 2.9 years, with one case of fatal rejection reported after receiving immunotherapy four years post-liver transplant¹⁸. Our data suggest that a prolonged period of waiting time may be necessary before the risk of rejection decreases significantly. Therefore, it is crucial not to neglect this risk in the first few years after transplantation. To confirm these findings and establish a more definitive safe window for immunotherapy initiation, further studies are needed.

Allograft PD-L1 expression was evaluated in 8 patients who underwent immunotherapy following liver transplantation. Despite the limited sample size, our findings suggest that positive PD-L1 staining on liver grafts may increase the risk of acute rejection following treatment with immune checkpoint inhibitors. PD-L1 plays a critical role in immunoregulation and preventing allograft rejection. It is expressed on graft hepatocytes, and it binds to PD-1 on infiltrating lymphocytes thereby downregulating the immune response and preventing acute cellular rejection⁵⁹. PD-L1 expression in liver allografts may indicate ongoing immune regulation to mitigate immune activation. However, when the PD-1/PD-L1 axis is blocked, infiltrating lymphocytes lose regulatory control, leading to unopposed immune activation and unchecked allograft injury⁶⁰.

Timing of assessment may be critical for accurately predicting the risk of rejection based on graft PD-L1 expression. Nordness et al. reported a fatal case of graft rejection following post-transplant use of immune checkpoint inhibitor⁵. While the pre-implant graft biopsy was negative for PD-L1 staining, the repeated biopsy during rejection revealed significant PD-L1 expression on infiltrating donor Kupffer cells and antigen-presenting cells. The dynamic expression of PD-L1 on grafts may be influenced by the interplay between hepatocytes and infiltrating lymphocytes. Therefore, the implications of PD-L1 expression in different timing must be carefully evaluated. Graft biopsies before implantation and exposure to donor alloimmunity might not forecast the risk of rejection following engraftment. Further research is needed to determine the optimal time interval for assessing allograft PD-L1 status after transplantation.

EFFICACY IN TREATING RECURRENT HEPATOCELLULAR CARCINOMA

When evaluating treatment response, a significant proportion of patients (35.2%, n=11) were excluded due to premature termination of treatment, primarily attributed to rejection.

These results suggested that safety of immunotherapy has to be addressed before its potential efficacy could be fully assessed. Our findings suggest that immunotherapy administered after a longer period following transplant is not only associated with a lower risk of rejection but also with better treatment responses for recurrent HCC. This observation is consistent with the analysis by Kayali et al. [25]. One notable difference is that we excluded patients whom treatment was prematurely discontinued due to rejection or other reasons. The improved survival benefits observed in patients with late recurrence may be attributed to better tumour biology. Our experience shows that patients with early HCC recurrence, regardless of treatment modality, have a poorer prognosis⁶¹. Unfortunately, most HCC recurrences occur early after liver transplantation³. In our cohort, patients who received immunotherapy for HCC recurrence were

treated earlier after transplant compared to those treated for de novo malignancies (median time from transplant 2.5 vs. 6.0 years, $p=0.04$). Patients with late HCC recurrence may be better candidates for immunotherapy due to reduced rejection risk and potentially improved oncological outcomes.

From our results, Pembrolizumab appeared to be associated with better oncological outcomes. More patients in the responding group received Pembrolizumab, and this group also had the longest overall survival. This finding is consistent with the observation of survival benefits reported for Pembrolizumab over Nivolumab in unresectable primary HCC⁶². Unfortunately, the disease status of these patients was not available for comparison. Their potential confounding effects should be considered when interpreting the outcomes. Last but not least, we suggest reviewing the prognostic value of tumour PD-L1 status as it is logical to assume that it affects treatment response. PD-L1 expression in tumours has been shown to predict treatment response in unresectable primary HCC⁶³. In our cohort, the percentage of PD-L1 positivity was higher in the responding group (100% vs. 25%, $p=0.17$), although the sample size was too limited to draw statistical conclusions. In future studies, explant tumour PD-L1 status can be reviewed when patients are contemplated for immunotherapy.

Conclusion

The current study has several limitations. The subjects were sampled from individual case reports and series, making it vulnerable to publication bias, where patients with extreme outcomes are more likely to be reported. The methodology of the individual studies is heterogeneous, and not all rejection episodes were biopsy proven. The diversified immunosuppressive regimens may have affected rejection and response rates. The small sample size also limited the analytical power of the study. Based on the current available evidence, rejection remains a major obstacle to the use of immunotherapy in liver transplant patients. It is associated with a significant risk of graft loss and mortality.

To ensure patient safety, it is essential to identify patients at risk of developing rejection. We observed several clinical associations with acute rejection, including a short washout period in patients who received immunotherapy prior to transplant, as well as short duration from transplant and graft PD-L1 positivity in post-liver transplant patients. We also revealed better survival benefits in patients with late recurrence of HCC after liver transplantation. These observations will allow clinicians to refine patient selection. To provide more evidence on the use of immune checkpoint inhibitor in liver transplant recipients, an international registry would be ideal to collect information on immunotherapy in liver transplant patients. This will allow for a systematic collection of data until more robust clinical trials become available. Finally, laboratory and translational studies are also needed to enhance our understanding of the complex interactions between the immune system, tumour neoantigens, and graft alloantigens. This will allow direction of host immunity to maximize anti-tumour effect while maintaining allograft tolerance. With better understanding and insight, we can achieve more desirable outcomes and allow more transplant patients benefit from immunotherapy.

Conflict of Interest:

None

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None

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