### RESEARCH ARTICLE

# Metadichol induces CD14 glycoprotein expression in human embryonic stem cells and fibroblasts

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### **ABSTRACT**

Cluster of differentiation 14 (CD14) is a glycoprotein essential to the immune system that is found primarily on monocytes, macrophages, and other immune cells. Despite its importance, there are no examples in the literature of small compounds that can substantially alter CD14 expression in human embryonic stem cells (hESCs) or fibroblasts. This study addresses this gap by exploring the potential of metadichol, a nanoemulsion of longchain fatty alcohols, to induce CD14 expression in hESCs. Metadichol has been previously shown in our studies to express CD33 and CD34 as well as all the nuclear receptors and the family of sirtuins and Toll receptors. Using quantitative real-time PCR (qRT-PCR) and Western blotting, we showed that metadichol significantly upregulated CD14 expression in hESCs (by seventeen-fold) but downregulated it in fibroblasts. This novel finding indicates that metadichol can modulate CD14 expression in a cell type-specific manner, highlighting its potential to enhance stem cell-based therapeutics and advance our understanding of stem cell biology. The implications of these findings are substantial, suggesting new directions for research into the immunomodulatory functions of hESCs and their potential applications in regenerative medicine. Our work highlights the potential of metadichol as a powerful tool for modulating CD14 expression in stem and somatic cells, marking a significant step forward in the field of stem cell research and therapy development.

**Keywords:** CD14, hESC, fibroblasts, metadichol, VDR, SP1, PPAR gamma, retinoid X receptors.

### Introduction

Cluster of differentiation (CD14) is a glycoprotein, and a coreceptor for toll-like receptors (TLRs), particularly TLR4, is essential in the innate immune response because it recognizes lipopolysaccharides (LPSs) from bacterial cell walls. This interaction significantly enhances the immune response to bacterial infections, making CD14 a key component in pathogen recognition and immune activation. However, the expression and functional implications of CD14 in human embryonic stem cells (hESCs) remain underexplored, presenting a unique opportunity for novel therapeutic interventions.

Inducing the expression of CD14 in human embryonic stem cells (hESCs) and fibroblasts is challenging due to several factors related to the nature and regulation of CD14 expression. In terms of tissue distribution, CD14 is predominantly expressed in monocytes and macrophages, but it is also present in dendritic cells and, to a lesser extent, in neutrophils.<sup>2</sup> The expression of CD14 is tightly regulated by specific transcription factors and signaling molecules that are present in myeloid cells but may be absent or inactive in hESCs and fibroblasts. For example, stimuli such as LPS, dimethyl sulfoxide (DMSO), and 1,25-dihydroxyvitamin D3 can induce CD14 expression in promonocytic cell lines such as U937 and HL-60, but these factors may not have the same effect on hESCs or fibroblasts because of differences in receptor expression and intracellular signaling pathways. <sup>3</sup>

In some nonmyeloid cells, CD14 may be present in a soluble form (sCD14) that can participate in signaling pathways indirectly by interacting with other receptors, such as TLR4.<sup>4</sup> However, the mechanisms and conditions under which sCD14 influences CD14 expression or function in hESCs and fibroblasts are poorly understood.

Overall, the difficulty in inducing CD14 expression in hESCs and fibroblasts is largely due to the specialized role of CD14 in immune cells and the lack of necessary transcriptional and signaling components

in these nonmyeloid cell types. Metadichol, a nanoemulsion of long-chain alcohols, has shown promising effects on stem cells.<sup>5</sup> Additionally, the antioxidant and anti-inflammatory properties of metadichol further support its beneficial effects on stem cells and their microenvironment, as well as their regenerative potential. <sup>6,7</sup>

Although the literature does not provide specific evidence of small molecules that strongly increase CD14 expression in stem cells, previous work offers some insights into the expression and regulation of CD14 in different contexts.

Cluster of Differentiation (CD14) is not a marker typically associated with most stem cells, such as mesenchymal stem cells (MSCs), which are generally characterized by low or absent CD14 expression.<sup>8</sup> However, CD14 expression has been observed in certain progenitor or stem-like cells, such as porcine spermatogonial stem cells (SSCs), where it is associated with stemness genes such as POU Class 5 Homeobox 1 (POU5F11), also known as Oct4, and Nanog homeobox (NANOG). <sup>9</sup>

Small molecules are used to influence stem cell characteristics and differentiation. potential. For example, certain small molecules can affect gene expression patterns and enhance differentiation efficiency in amniotic fluid stem cells (AFSCs), although the studies that demonstrated this did not focus specifically on CD14 expression. <sup>10</sup>

In myeloid cells, small molecules that can either increase or decrease CD14 expression during differentiation processes have been identified. For example, one study showed that certain inhibitors can prevent CD14 upregulation in monocytes during macrophage differentiation. However, this research focused more on immune cells than stem cells.

While small molecules can modulate gene expression and differentiation in stem cells, there is no direct evidence in the literature indicating that small molecules specifically increase CD14 expression in multiple types of stem cells. In this study, via qRT–

PCR and Western blotting, we demonstrated that in a recent preprint<sup>7</sup>, metadichol treatment significantly increased CD14 expression in hESCs. These findings suggest that metadichol modulates signaling pathways that regulate CD14 expression, potentially enhancing the immune modulatory functions and differentiation potential of hESCs.

## Experimental

All work was outsourced commercially to Skanda Life Sciences Pvt. Ltd. (Bangalore, India). The primers used were obtained from EuroFin (Bangalore, India), and the antibodies used were from Elabscience® (Houston, Texas, USA). H-ESC BG01V and NHDF cells were obtained from ATCC®.

Table 1

Primer	Sequence	Amplicon size	Annealing temperature
GAPDH	GTCTCCTCTGACTTCAACAGCG	107	50
	ACCACCCTGTTGCTGTAGCCAA	186	
CD-14	CTGGAACAGGTGCCTAAAGGAC	119	53
	GTCCAGTGTCAGGTTATCCACC	119	

Primer details

### Cell culture

Human embryonic stem cells (hESCs) were maintained in suitable media with or without specific supplements and 1% antibiotics in a humidified atmosphere of 5% CO<sub>2</sub> at 37 °C. The media was changed every other day until the cells reached confluence. Cell viability was assessed via a hemocytometer. At 70–80% confluence, a single-cell suspension at a density of 10^6 cells/mL of media was prepared and seeded into 6-well plates at a density of 1 million cells per well. The cells were incubated for 24 hours at 37 °C with 5% CO<sub>2</sub>. After 24 hours, the cell monolayer was rinsed with serum-free media and treated with predetermined concentrations of metadichol.

### Cell treatment

Metadichol was prepared at 1 pg/mL, 100 pg/mL, 1 ng/mL, and 100 ng/mL in serum-free media and added to the appropriate predesignated wells. The control cells received only media without the test sample. The cells were incubated for 24 hours, after which the regulation of various biomarkers was analyzed via quantitative real-time PCR (qRT–PCR) and Western blot.

### Quantitative real-time PCR

Total RNA was isolated from approximately 10^6 cells from each treatment group with TRIzol reagent (Invitrogen, Carlsbad, CA, USA). The cells were collected in 1.5 mL microcentrifuge tubes and centrifuged at 5000 rpm for 5 minutes at 4 °C. The cell supernatant was discarded, and 650 µL of TRIzol was added to the pellet. The contents were mixed well and incubated on ice for 20 minutes. Then, 300 µL of chloroform was added, and the mixture was mixed well by gentle inversion for 1-2 minutes, followed by incubation on ice for 10 minutes. The contents were subsequently centrifuged at 12000 rpm for 15 minutes at 4 °C. The upper aqueous layer was carefully transferred to a new sterile 1.5 mL centrifuge tube, and an equal amount of prechilled isopropanol was added. The mixture was incubated at -20 °C for 60 minutes and then centrifuged at 12000 rpm for 15 minutes at 4 °C. The supernatant was discarded, and the RNA pellet was retained and washed with 1.0 mL of 100% ethanol followed by 700 µL of 70% ethanol under the same centrifuge conditions. The RNA pellet was air-dried at room temperature for approximately 15-20 minutes and then resuspended in 30 µL of DEPC-treated water. The RNA was quantified via a SpectraDrop system

(Molecular Devices, San Jose, CA, USA), and cDNA synthesis was carried out via reverse transcriptase PCR.

Complementary DNA (cDNA) was synthesized from 2  $\mu g$  of RNA with the Prime Script RT reagent kit (TAKARA, Shiga, Japan) with oligo dT primers according to the manufacturer's instructions. The reaction volume was set to 20  $\mu$ L, and cDNA synthesis was performed at 50°C for 30 minutes, followed by RT inactivation at 85°C for 5 minutes in a Veriti Thermal Cycler (Applied Biosystems, Foster City, CA, USA). The cDNA was further used for real-time PCR analysis.

The PCR mixture (final volume of  $20~\mu L$ ) contained 1  $\mu L$  of cDNA, 10  $\mu L$  of SYBR Green Master Mix (Thermo Fisher Scientific, Waltham, MA, USA), and 1  $\mu M$  of the respective complementary forward and reverse primers specific for the target genes. The samples were initially denatured at  $95^{\circ}C$  for 5 minutes, followed by 30 cycles of secondary denaturation at  $95^{\circ}C$  for 30 seconds, annealing for 30 seconds at the optimized temperature, and extension at  $72^{\circ}C$  for 1 minute. The optimal number of cycles was selected to ensure that the amplifications were in the exponential range and did not reach a plateau. The results were analyzed via CFX Maestro Software (Bio-Rad, Hercules, CA, USA).

### Protein isolation

Total cellular protein was isolated from  $10^6$  cells by lysis for 30 minutes at 4 °C by gentle inversion in RIPA buffer supplemented with PMSF protease inhibitor (Sigma–Aldrich, St. Louis, MO, USA). The lysate was centrifuged at 10000 rpm for 15 minutes, and the supernatant was transferred to a fresh tube. The protein concentration was determined via the Bradford method (Bio-Rad, Hercules, CA, USA). A total of  $25~\mu g$  of protein was loaded into a gel with 1X sample loading dye containing SDS. Proteins were separated under denaturing conditions using Tris–glycine running buffer.

# Western blotting

Proteins were transferred to methanol-activated PVDF membranes (Invitrogen, Carlsbad, CA, USA)

via the Turbo Trans-Blot system (Bio-Rad, Hercules, CA, USA). The membranes were blocked with 5% BSA for 1 hour and incubated with the appropriate primary antibodies overnight at 4 °C. This was followed by incubation with a species-specific secondary antibody for 1 hour at room temperature. The blots were washed and incubated with an enhanced chemiluminescence (ECL) substrate (Merck, Darmstadt, Germany) for 1 min in the dark. Images were captured at appropriate exposures using the ChemiDoc XRS system (Bio-Rad, Hercules, CA, USA).

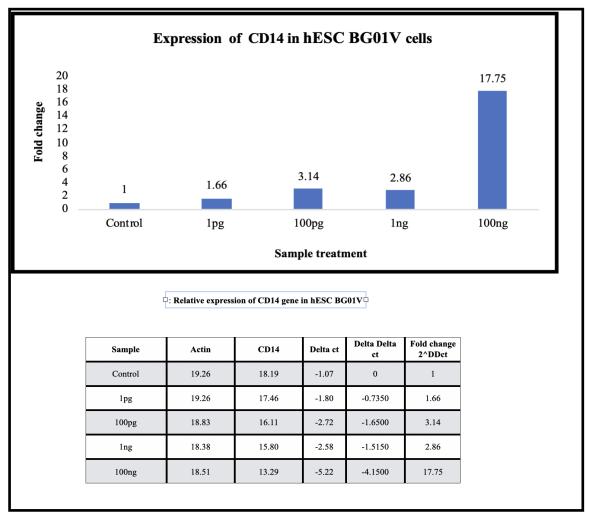
### Results

CLUSTER OF DIFFERENTIATION (CD14)
EXPRESSION IN HUMAN EMBRYONIC STEM
CELLS (hESCs)

Quantitative real-time PCR analysis demonstrated a significant upregulation of CD14 mRNA in hESCs treated with metadichol compared to untreated controls. Specifically, at a concentration of 1 ng/mL, metadichol induced a **seventeen-fold increase** in CD14 mRNA expression (p < 0.01, Figure 1). This robust induction was dose-dependent, with lower concentrations (1 pg/mL and 100 pg/mL) showing moderate increases of approximately 1.6- to 3-fold, respectively. While the highest concentration (100 ng/mL) resulted in a slightly reduced but still significant 12-fold increase compared to 1 pg/mL (p < 0.05). These findings suggest an optimal concentration range for metadichol's stimulatory effect on CD14 transcription in hESCs.

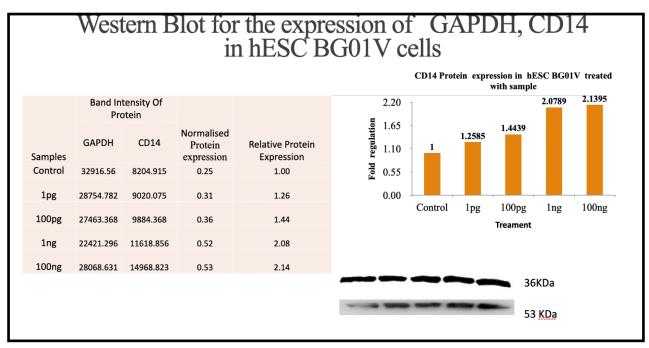
Western blot analysis corroborated the qRT-PCR results, confirming elevated CD14 protein levels in metadichol-treated hESCs (Figure 2). Densitometric quantification of the blots (Figure 2) revealed a significant fold increase in CD14 protein expression at 1 ng/mL metadichol compared to the control (p < 0.01). Similar to the mRNA data. The consistency between mRNA and protein data underscores the reliability of the observed upregulation and indicates that metadichol not only enhances CD14 gene transcription but also facilitates robust protein translation in hESCs. No significant changes in cell viability or morphology were observed across the

tested concentrations, confirming that the observed effects were specific to CD14 modulation and not due to cytotoxicity.



CD 14 expression in HSEc

Figure 1: Q-RT-PCR showing CD14 upregulation in hESCs



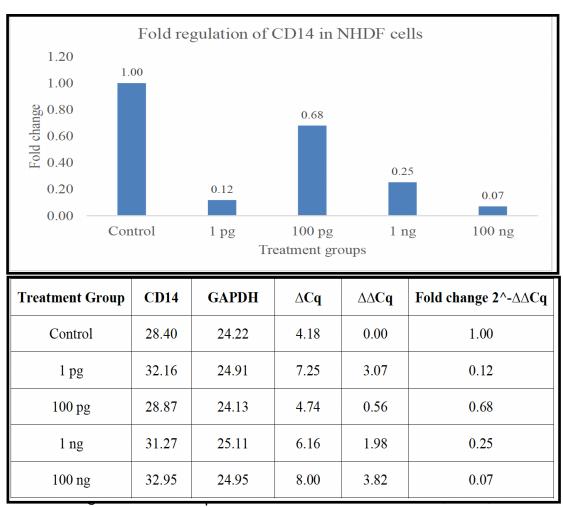
Western blot of CD14 protein expression in hESCs

Figure 2: Western blot of CD14 protein expression in hESCs

# CLUSTER OF DIFFERENTIATION EXPRESSION (CD14) IN NORMAL HUMAN DERMAL FIBROBLASTS (NHDFs)

In stark contrast to the findings in hESCs, metadichol treatment resulted in a significant downregulation of CD14 expression in NHDFs. qRT-PCR analysis revealed a dose-dependent reduction in CD14 mRNA levels (Figure 3). At the highest tested concentration (100 ng/mL), CD14 mRNA expression was reduced to 10% of the control level (p < 0.01),

effectively indicating near-complete suppression. Lower concentrations also suppressed CD14 expression, with 1 pg/mL, 100 pg/mL, and 1 ng/mL reducing mRNA levels to approximately 80%, 50%, and 20% of the control, respectively (p < 0.05 for all concentrations). These results indicate that metadichol exerts an inhibitory effect on CD14 transcription in fibroblasts, in direct opposition to its stimulatory effect in hESCs.



CD 14 expression in human fibroblast cells (NHDF)

Figure 3: Q-RT-PCR showing CD14 expression in normal human dermal fibroblasts (NHDFs)

## Discussion

While CD14 expression has been studied in various cell types, <sup>8</sup> including mesenchymal stromal cells (MSCs) there is no information on its expression in hESCs. Previous studies have shown that CD14 expression can be induced in different cell types under various conditions.<sup>9</sup>

The effects of metadichol on CD14 expression in different cell types are multifaceted and can be

understood in the context of its potential applications in regenerative medicine, cancer therapy, and cellular reprogramming. 10,11,12

The ability of metadichol to increase CD14 expression seventeen-fold in hESCs suggests a significant impact on the immunomodulatory functions of these cells. CD14 is a co-receptor for the detection of bacterial lipopolysaccharides and plays a role in the innate immune response. The increased expression of these

genes could increase the ability of stem cells to modulate immune responses, potentially improving their therapeutic efficacy in regenerative medicine and immune-related disorders. <sup>13</sup>

The complete downregulation of CD14 in fibroblasts by metadichol could imply a reduction in the inflammatory response typically mediated by these cells. Fibroblasts are involved in wound healing and tissue repair, and their role in inflammation is crucial. By downregulating CD14 in fibroblasts, metadichol might reduce chronic inflammation and fibrosis, which could be beneficial in treating fibrotic diseases and improving tissue. 14,15

Nuclear hormone receptors (NHRs) play a significant role in modulating CD14 expression, primarily through their ability to regulate immune and inflammatory responses. Several NHRs are involved in this regulatory process.

Peroxisome proliferator-activated receptors (PPARs), particularly PPAR gamma, are involved in modulating inflammatory responses and have been shown to influence the expression of CD14. PPARγ is associated with alternative (M2) macrophage polarization, which is linked to anti-inflammatory responses.<sup>16</sup>

Vitamin D receptor(VDR) is known to play a role in immune regulation. The activation of VDRs can influence the expression of CD14, as vitamin D is involved in modulating the immune response and inflammation.<sup>17</sup>

The literature indicates that the link between the vitamin D receptor (VDR) and CD14 involves at least one primary pathway, which is mediated through the interaction of the VDR with PI3-kinase signaling. The PI 3-kinase pathway is crucial for the D3-induced expression of CD14, even though the CD14 promoter does not contain a canonical vitamin D response element (VDRE).<sup>18</sup>

While direct binding of the VDR to the CD14 promoter is not evident, the VDR may influence CD14 expression through other signaling molecules or transcription factors that interact with the CD14 promoter<sup>19,20</sup>

The expression of CD14 is tightly regulated at the transcriptional level, and specificity protein 1 (SP1) transcription factor is a critical transcription factor involved in this regulation. Specificity protein 1 (Sp1) binds to specific regions in the CD14 promoter, and its binding is essential for the tissue-specific expression of CD14 in monocytic cells.<sup>21,22,23</sup>. Specificity protein 1 (SP1) can also influence the expression of the VDR gene itself. The promoter region of the VDR gene contains Sp1 binding sites, which are essential for the transcriptional activation of the VDR gene. These findings suggest that Sp1 not only partners with the VDR to regulate other genes but also plays a role in modulating VDR expression levels. Metadichol is an inverse agonist, more likely a protean agonist, of the VDR.<sup>24,25,5</sup>.

Vitamin D receptor (VDR) is known to regulate CD14 expression in immune cells, such as macrophages, where it is a target of vitamin D signaling. In these cells, vitamin D can upregulate CD14 expression, which is important for immune responses.<sup>26</sup> Retinoid X receptors (RXRs) form heterodimers with other NHRs, such as PPARs (peroxisome proliferatoractivated receptors) and LXRs (liver X receptors), increasing their ability to regulate gene expression, including that of CD14.<sup>27</sup> These nuclear receptors interact with various signaling pathways to regulate immune responses, and their activation by specific ligands may lead to changes in CD14 expression. This modulation is crucial for maintaining immune homeostasis. Metadichol enhances the expression of nuclear receptors involved in CD14 expression. The results of our previous study  $^{28}$  are shown in Table 2. Cluster of Differentiation (CD14) is likely expressed through the activation of multiple NHRs and the interaction of the VDR and SP1, which play a role in CD14 regulation.

Altering CD14 expression might increase the susceptibility of cancer cells to immune surveillance or therapeutic interventions, suggesting a novel approach for cancer treatment.<sup>29</sup> This is further aided and compounded by the fact that Metadichol is non-toxic.<sup>30,31,32</sup>

Table 2

Fibroblasts (NHDF)	Control	1 pg	100 pg	1 ng	100 ng
PPAR gamma	1	3.78	6.11	7.31	3.07
VDR	1	1.83	2.34	2.35	1.54
Rxra	1	2.5	0.86	1.32	0.98
RxRb	1	4.21	1.65	1.03	2.7
Rxr g	1	2.84	2.95	3.9	1.09
hESCs (human embryonic stem cells)	1	1 pg	100 pg	1 ng	100 ng
PPARG	1	1.82	1.7	1.03	1
VDR	1	2.03	0.92	3.67	0.54
RXra	1	1.4	1.21	0.99	0.79
RXRb	1	1.87	1.13	1.05	0.69
RXR g	1	2.15	2.2	1.5	0.76

Nuclear Receptor Expression in Fibroblasts and Stem Cells

### Conclusions

The findings from studies on the promotion of CD14 glycoprotein expression by Metadichol in human embryonic stem cells (hESCs) and fibroblast cells (NHDF) have several significant implications.

# Advancements in regenerative medicine

The ability of metadichol to upregulate CD14 expression in hESCs suggests potential applications in regenerative medicine. By enhancing the immune-

modulatory functions of stem cells, metadichol could improve the therapeutic efficacy of stem cell-based therapies, potentially leading to more effective treatments for various diseases and injuries.

## Potential in Cancer Therapy

The modulation of CD14 expression in cancer cells by Metadichol could have implications for cancer therapy. CD14 is associated with inflammatory and proliferative tumor microenvironments. Altering CD14 expression might increase the susceptibility of cancer cells to immune surveillance or therapeutic

interventions, suggesting a novel approach for cancer treatment.

# Reduction in Inflammation and Fibrosis

In fibroblasts, metadichol downregulates CD14 expression, which can reduce chronic inflammation and fibrosis. These findings suggest potential therapeutic applications for treating fibrotic diseases and improving tissue regeneration by mitigating excessive inflammatory responses.

# Insights into Stem Cell Biology

This study provides new insights into the expression and regulation of CD14 in hESCs, a previously underexplored area. This could lead to a better understanding of stem cell biology and the development of novel therapeutic strategies that leverage the immune-modulatory capabilities of stem cells.

# Mechanistic Understanding of CD14 Regulation

These findings suggest that metadichol may influence CD14 expression through interactions with nuclear hormone receptors (NHRs), such as PPARs and VDRs, which are involved in immune and inflammatory responses. Understanding these mechanisms could provide new targets for drug development and therapeutic interventions

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### Declaration of interests:

The author is the founder and majority shareholder in Nanorx Inc.

## Data availability:

Raw data is available on request.

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