CASE REPORT

Recommended Treatment for Patients with Massive Pontine Hemorrhage: Cases report and review

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ABSTRACT

Primary pontine hemorrhage poses a significant treatment challenge due to the critical and compact anatomy of the brainstem. Massive PPH is typically associated with poor outcomes, and there is currently no consensus on treatment guidelines. We propose a clinical decisional framework based on radiologic and clinical criteria to identify patients who might benefit from active intervention. In this case series of 14 patients with massive ventral PPH, 5 patients died within the first week due to severe comorbidities. Of the 9 surviving patients, all underwent early tracheostomy and experienced minor complications. Among them, 2 patients with complete anterior pontine involvement on CT scans remained in a long-term vegetative state. The other 7 patients, who showed partial anterior sparing on imaging, demonstrated significant neurological improvement—following simple commands by week 4 and achieving partial functional recovery at 6 months. These patients were able to communicate effectively and regained varying degrees of mobility, although all remained dependent on assistance. Our findings support individualized decision-making and suggest that selected patients with massive PPH may benefit from full medical management.

Introduction

Primary pontine hemorrhage (PPH) accounts for a significant proportion of hypertensive intracerebral hemorrhages (ICH). Unlike supratentorial hemorrhages, PPH poses unique challenges due to its location within the brainstem, a region that contains ascending and descending tracts, cranial nerve nuclei, and vital centers controlling consciousness, cardiovascular, and respiratory functions. Even small lesions in this area can lead to devastating neurological deficits or death. Infratentorial hemorrhages, including PPH, have consistently been associated with poor outcomes in multiple studies¹⁻². Inadequate resuscitation in acute phase cause failure of these vital function3. The PPH has among the highest mortality rates—ranging from 30% to 90% depending on severity and comorbid conditions. Those who survive often remain in a vegetative state⁴⁻⁷. These are general concepts cause patient's family to take a decision to non-aggressive treatment in massive PPH patients. In general, key prognostic indicators for poor outcomes in ICH include coma on admission, hematoma volume > 30 mL, infratentorial hemorrhage, presence of intraventricular hemorrhage, age >80 years, hyperglycemia, and chronic kidney disease. Due to the complex anatomy, previous evidence and grave prognosis, most physicians prefer to palliative or end-of-life care in cases of massive PPH. Decisionmaking biases may influence the patient's chance of survival.

However, since the publication of a successful case of massive PPH treatment in 2019⁸, there has been increasing interest in identifying patients who may benefit from aggressive management. This report presents our experience managing 14 patients with massive ventral PPH at Mahasarakham Hospital, Thailand, and proposes a clinical decision framework for guiding treatment.

Methods

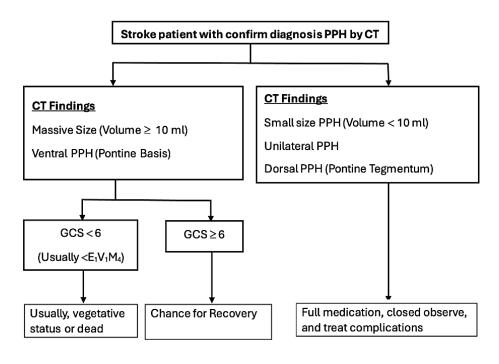
Retrospective studies were conducted on all cases of primary parenchymal hemorrhage (PPH) admitted to Mahasarakham Hospital between January 2020 and March 2025. A general physician utilizes a

decisional framework (Figure 1) in the emergency department to guide discussions with patients and their families regarding prognosis and chances of survival. The neurosurgeon serves as the primary attending physician during long-term care. Under the hospital's ethics approval license number MSKH REC 68-01-058 (COA 68/058), data were collected on patient age, sex, Glasgow Coma Scale (GCS) score at admission, hematoma characteristics on initial CT brain imaging, CT brain findings at the fourth week, and modified Rankin Scale (mRS) scores at both the fourth week and the sixth month. The study focuses on massive PPH cases, as they pose critical challenges in treatment planning. The decisional framework presented (Figure 1) was developed based on a comprehensive literature review in acute stroke management, as described in this section.

Standard ICH scoring systems are not directly applicable to PPH due to anatomical differences9. Almost of PPH patients' loss of consciousness due to reticular activating system compression and/or brainstem edema. So, level of consciousness may not the first item to evaluation because it may be transient event. Most PPH patients present with sudden loss of consciousness or focal neurological deficits. Non-contrast brain CT is essential for diagnosis, helping differentiate hemorrhagic from ischemic stroke and assess hematoma volume and location. Based on imaging, PPH can be classified into: Favorable prognosis: small (<10 mL), unilateral, dorsal (tegmental) PPH and Poor prognosis: large (>10 mL), ventral (basis pontis) PPH^{5-6,10-15}. This study focuses on the latter group: massive ventral PPH because it had the worst prognosis^{4,12,16}. So, the first step is separated to two groups. Both groups are treated by standard stroke guideline. We adopted the scoring system proposed by Huang et al¹⁰ to guide prognosis and family discussions. It assigns points for hematoma volume and Glasgow Coma Scale (GCS) score. This scoring system are developed to predict 30-day mortality and 90-day outcome. This scoring system are composed of Hematoma volume: <5 mL = 0 points, 5–10 mL = 1 point, >10

mL = 2 points and GCS score: 8–15 = 0 points, 5–7 = 1 point, 3–4 = 2 points. The 30-day mortality rates for patients with a total score of 0, 1, 2, 3, and 4 were 2.7%, 31.6%, 42.7%, 81.8%, and 100%, respectively. A total score of 3 implies a high (81.8%) 30-day mortality rate, but some patients may still achieve meaningful recovery. We used GCS to classify patients: GCS <6 (e.g., E1V1M2–M3): poor prognosis that palliative care recommended and GCS \geq 6 (e.g., E2V1M4 or better): full medical management offered. Notably, a motor response of M4 (withdrawal to pain) was considered a key indicator of possible brainstem function preservation. Decorticate and decerebrate response in GCS, M3 and M2, are signs of brainstem injury¹⁷. So, in our

idea, M4 in GCS (withdraw to deep pain stimulation) refer to brainstem still survived. However, every case must take the treatment decision by patients' family. Patients selected for full medical support were treated according to the latest American Stroke Association (ASA) and American Heart Association (AHA) guidelines¹⁸⁻¹⁹. Treatment included: ICU monitoring, Management of intracranial pressure, Respiratory support (early tracheostomy), Blood pressure control, Seizure prophylaxis, Early nutritional support, Infection prevention. Patients with severe comorbidities—such as ischemic heart disease (IHD), chronic kidney disease (CKD), or recurrent stroke—were informed of the higher risk of mortality and complications.



*Every Cases may have dependent status or dead. Full medical support was done until patients' family need to change treatments plan.

Figure 1: Decisional framework for management in patient with PPH

Follow-up CT or MRI was performed in the 3rd–4th week to exclude underlying lesions such as vascular malformations or tumors. The mRS²⁰ was used to evaluate outcomes at week 4 and month 6. Special attention was given to anterior pontine involvement on initial CT scans. The hypothesis is complete involvement of the anterior pons was associated with poor recovery (vegetative state), while partial sparing correlated with better outcomes.

Results

Between January 2020 and March 2025, a total of 123 patients were diagnosed with brainstem hemorrhage at Mahasarakham Hospital. Among these, 95 patients had primary pontine hemorrhage (PPH). Of the 95 PPH cases: 58 cases were classified as dorsal type, unilateral, or small-volume hemorrhage, which generally resulted in favorable outcomes, consistent with our previous study²¹. Thirty-seven cases were

identified as massive ventral PPH, a group associated with poor prognosis. Among the 37 patients with massive ventral PPH: 23 patients were managed with end-of-life or palliative care based on family

decision and poor initial clinical condition, 14 patients received full medical treatment per ASA/AHA stroke guidelines and were closely monitored for signs of recovery.

Table 1: Result of treatment in massive ventral primary pontine hemorrhage.

Sex/ Age	Ventral pons ICH	ICH vol. (ml)	CT at 4 th week	Gcs at admit	mRS 4 th wk	mRS 6 th mo	Comments
M/ 42*	Total	70	Total hypo.	E1V1M3	5	6	Cardiac arrest at home at 5 th mo.
M/33	Total	75	Total hypo.	E1V1M4	5	5	Vegetative status
M/20**	Subtotal	72	Central hypo.	E2V1M4	4	3	good command
M/36	Subtotal	65	Central hypo.	E1V1M4	4	4	good command
F/45	Subtotal	62	Central hypo.	E1V1M4	4	3	good command
M/51	Subtotal	50	Central hypo.	E1V1M4	5	4	good command
F/56	Subtotal	64	Central hypo.	E1V1M4	5	4	good command
M/42	Subtotal	70	Central hypo.	E2V1M4	4	3	good command
F/61	Subtotal	66	Central hypo.	E1V1M4	5	4	good command
F/71	Subtotal	55	N/a	E1V1M3	6	6	AF with arrest
M/69	Total	68	N/a	E1V1M4	6	6	AF with arrest
M/65	Subtotal	64	N/a	E1V1M4	6	6	ESRD
F/70	Total	78	N/a	E1V1M3	6	6	ESRD
M/59	Subtotal	60	N/a	E1V1M4	6	6	AF with arrest

^{*} Case 1; ** Case 2

Abbreviations: ICH = Intracerebral Hemorrhage; hypo = hypodensity in pons at 4th week;

N/A = Not available; AF = Atrial fibrillation; ESRD = End-Stage Renal Disease;

mRS = Modified Rankin Scale; wk = week; mo = month

All 14 patients received comprehensive stroke care, including: strict blood pressure control (target SBP ≤140 mmHg), stabilization of vital signs, aggressive management of infections, ventricular drainage when obstructive hydrocephalus was present, early tracheostomy, prompt management of complications. Three patients died during hospitalization due to cardiac arrest associated with atrial fibrillation and failed resuscitation. Two patients with end-stage renal disease (ESRD) died from volume overload and related complications within the first week. Two surviving patients, who had complete ventral pons involvement, remained in long-term vegetative

state despite aggressive treatment and absence of major comorbidities. Seven patients demonstrated partial sparing of the anterior pons on CT. These patients showed improvement in consciousness by week 4, responding to simple commands, and achieved partial functional independence by month 6. At 6 months: all 7 patients were able to communicate effectively. Motor recovery varied: some could ambulate with an ataxic gait, others required a wheelchair for mobility. All required daily assistance for activities of living.

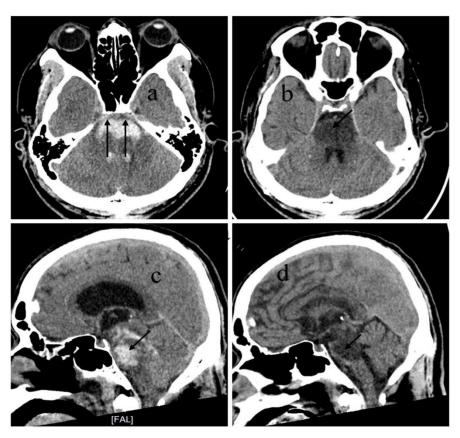


Figure 2: CT images from Case 1 demonstrate complete ventral pons involvement: Figure 2a, 2c: Initial CT showing absence of anterior pons structure (double vertical arrow) indicating total hematoma involvement. Figure 2b, 2d: Follow-up CT at 4 weeks showing complete hypodensity in the pons consistent with necrotic change. Clinical correlation: patient remained in a persistent vegetative state

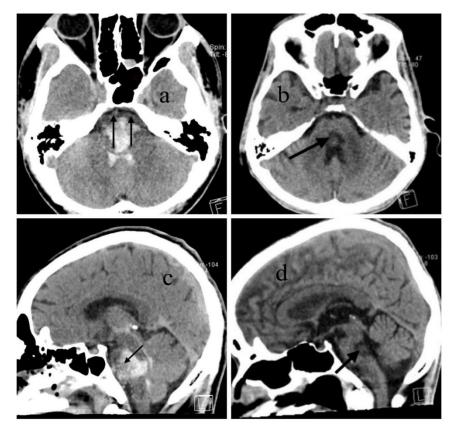


Figure 3: CT images from Case 2 demonstrate incomplete ventral pons involvement: Figure 3a, 3c: Initial CT showing some of anterior pons structure (double vertical arrow) indicating main motor tract are survived. Figure 2b, 2d: Follow-up CT at 4 weeks showing some central hypodensity in the pons consistent with necrotic change. Clinical correlation: patient are good consciousness with variable motor deficit.



Figure 4: Patient with massive ventral PPH with spared some anterior pons as shown in case number 2 can simple command, and able to walk with assistant.

Discussion

Although the brainstem contains dense networks of neurological tracts and vital centers within a compact anatomical space, the initial hematoma observed on CT imaging in primary pontine hemorrhage (PPH) may not represent complete or irreversible injury in all cases. Because the primary functions of the brainstem are autonomic regulation and coordination—not cognition and memory, which are functions of the higher brain—its damage presents a distinct clinical profile²²⁻²³. The extent of hemorrhage seen on the first CT scan typically reflects the acute neurological deficit at presentation, but does not always predict long-term outcomes.

Anatomically, the corticospinal tracts—responsible for voluntary motor control—are arranged ventromedial to dorsolateral within the pontine basis²³⁻²⁵. In contrast, the cranial nerve nuclei and reticular formation, which control functions such as arousal, autonomic regulation, and coordination, are mainly located in the dorsal pons (tegmentum)²⁵. When the hematoma completely involves the ventral pons, the corticospinal tracts are severely damaged, often leading to longterm motor deficits or a vegetative state, as seen in two patients in our series. However, when partial sparing of the ventral pons is present, as in seven of our cases, patients showed recovery of consciousness and meaningful motor function over time. These findings suggest that the most anterior part of the pons, which contains the corticospinal tract, is a critical region for predicting long-term outcomes in terms of motor coordination and the severity of motor deficits.

Reticular formation is a complex network of brainstem nuclei and neuron that serve as a major integration and relay center of many vital system¹. The major functions of reticular formation are arousal, consciousness, circadian rhythm, sleep-wake cycles, coordination of somatic motor movements, cardiovascular and respiratory control, pain modulation, and habituation^{1,2,26}. However, only ascending reticular activating system (ARAS) that locate at upper pons, midbrain, and lateral

hypothalamus lesions are related with alertness and sleep-wake cycles. Damage of bilateral midbrain can result sudden dead²⁶. Therefore, the initial level of consciousness is closely related to the degree of damage in these specific brainstem structures²⁷. The level of consciousness may be evaluated more accurately once the hematoma has resolved, typically around the fourth week.

Vascular supply of pons is originated from striate branches of paramedian branches of the basilar artery, vertebral artery, and posterior inferior cerebellar artery (PICA). Studies have shown that PPH often results from rupture of these deep perforating arteries due to chronic hypertension²⁸⁻²⁹. The rupture leads to high-pressure blood extravasation into the brainstem parenchyma³⁰⁻³². Massive PPH usually leak from proximal part of striate artery near basilar artery that high pressure³³⁻³⁴. In contrast to ischemic stroke, the long-term lesion after hematoma resolution in ICH may be smaller than the initial bleed. Common lesion sites in PPH include the middle pons, particularly the dorsal half of the pontine base, and the junction between the tegmentum and basis pontis³⁴⁻³⁷. Therefore, a massive lesion observed on the initial CT brain scan may cause a transient loss of function due to compression from the hematoma. Because these areas are not directly involved in the ARAS, consciousness can be preserved or recovered, depending on the extent of the damage.

Histopathological studies of hematoma from stroke, effect of hematoma to brain has two main mechanisms; physical compression and chemical irritation from degradation products³⁸⁻⁴⁰. If hematoma is adequately resorbed, neuronal function may partially recover, especially in cases without severe secondary injury.

Animal studies support these findings. Pontine hematomas in rodents typically resolve within three weeks, and survival is possible if gustatory, cardiovascular, and reticular systems remain intact⁴¹. In hindbrain ischemia models, respiratory and cardiovascular neurons showed greater resistance to ischemia than other brainstem cells⁴². These

findings suggest that, with full medical support, it is reasonable to wait for hematoma resolution and assess the potential for neurological recovery.

Our treatment decision framework is designed to assist emergency physicians and general practitioners who often face the responsibility of guiding patients' families at the time of diagnosis. It integrates clinical and radiological criteria to determine the feasibility of active treatment. While massive ventral PPH generally carries a poor prognosis, our findings show that not all such cases result in death or vegetative state. Patients with no severe comorbidities and partial sparing of the anterior pons had a better-than-expected outcome, achieving communication, mobility with assistance, and some degree of independence.

Conclusion

Massive primary pontine hemorrhage is commonly associated with a poor prognosis. However, our case series demonstrates that functional recovery is possible in select patients. Specifically: Patients with partial sparing of the anterior ventral pons, and no severe comorbidities, showed significantly better outcomes than predicted. Total anterior pons involvement was associated with persistent vegetative state, even in otherwise healthy individuals. Further studies with larger sample sizes and prospective design are needed to validate these findings and refine the proposed decision-making framework.

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